When your business, personal or spiritual life has been in drought, you need a season of renewal.

It is time to prepare for rain.
RECLAIM YOUR PURPOSE

STEP 1: GO IN
What is it you haven’t allowed yourself time to dream for? Is it writing? Composing? Singing? Whatever it is, go in and let the dreams out. You’ve waited long enough...and only you can SET THEM FREE.

STEP 2: LEAD
But who will be your guide when, after all, it’s your dream? You will. Your first step is the most important one. It’s based on a choice, like your other steps. The choice is to lead. To lead, LEAD YOU.

STEP 3: BELIEVE
Conceiving the dream is easy. Believing it will happen is hard. Without that belief, though, the mind really has no chance of pulling off the dream. So you must BELIEVE. If you don’t, no one else will.

STEP 4: MOVE
Do something different than you’ve always done. Because without doing something, your mind won’t have much to work with to achieve its goal, will it? You might be surprised at what you come up with. You must MOVE.

STEP 5: FOCUS
Take a deep breath. Then, just turn off all the screens you have. Free up an average 4+ hours—not including work—staring at a screen (smart phone, TV, tablet) and purposefully move toward your dream. FOCUS.

STEP 6: MAKE PEACE
Again, you have a choice. You can get angry, resentful, or depressed you’ve been stuck so long. Just know that it’s hard to turn around and come back, once you’ve started down this path. Instead, make up for lost time. Be grateful for your newfound focus and freed-up dreams. MAKE PEACE with yourself. Move forward. Live. Now.

STEP 7: FAIL QUICKLY
Fear is the biggest impediment to achieving one’s dreams. Unexamined fear. It’s not always “fear of failure.” It can be fear of success. Or fear of doing better than anyone in your family. The quickest path to putting fear to rest is to JUST TRY. Repeated failure leads to success. So, FAIL QUICKLY... and make faster progress.

STEP 8: ENJOY
Side-B of the MAKE PEACE “album.” Trying make up for lost time, just takes all the fun out of your journey. So double-down on making peace...with you. Yesterday is all history. Tomorrow is all hypothetical. Today is all promise. The day you’re in is the one that matters. SO ENJOY.

STEP 9: RINSE/REPEAT
You will be surprised at how hard it is to keep these 8 steps going at the same time. Think about these 8 action steps as the fine china in your life. Your dreams are like china. Treat them carefully. They may become a family heirloom. SO, RINSE & REPEAT.

STEP 10: SHARE
Who, in your life, needs someone to root for them? Guess what? You’re it! It’s your turn to act as a mentor for someone else. Your dreams will be reenergized in the process, so it’s a win-win. SHARE.